

WALK TO



Who: All county Employees

What: Walk 34 miles in 34 days (or get in physical activity that is the equivalent to 34 miles) to make it to Boston, for St. Patrick's Day, 715 miles*.

*(each mile will count as 21.03 miles on the map)

Where: Anywhere you typically walk or exercise

When: February 12th-March 17

Register anytime between now and March 17

- Register by completing the survey in the informational email or visit <http://rcemployeewellness.weebly.com>.
- Download your toolkit to help you along the way.
- Report your weekly miles to be entered into our weekly drawings by visiting <http://rcemployeewellness.weebly.com/walk-to-boston-toolkit-and-reporting.html> by Tuesday at 12 noon each week.
- Everyone that makes it to Boston in time for St. Patrick's Day will be entered to win a \$25 gift certificate.

