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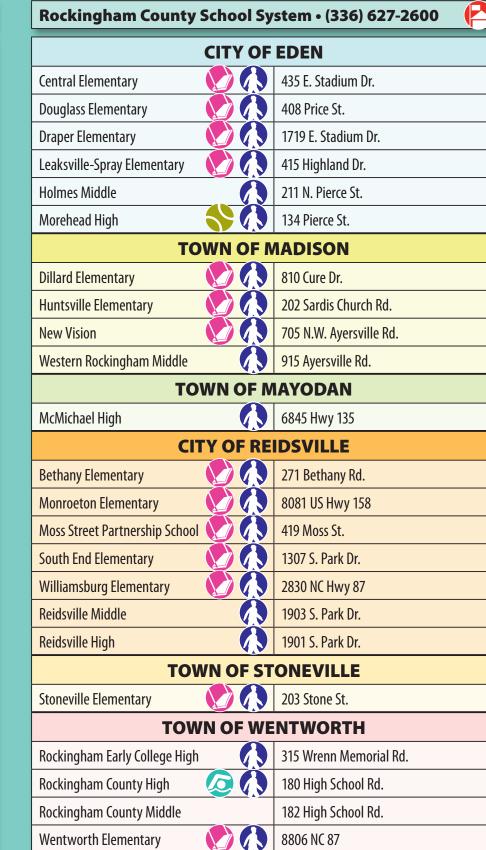






Name	Recreation Type	Address
CITY OF EDEN • (336) 623-2	2110 • www.eden	nc.us
Blue Creek Park / Peter Hill Park		200 Peter Hill St.
Boone Road Community Center	G	606 Boone Rd .
Bridge Street Community Center	G	319 N. Bridge St.
Bridge Street Park		319 Bridge St.
Bridge Street Recreation	4	319 Bridge St.
Dehart Park/Spray Recreation Park		512 Gresham St.
Draper Christian Church		1116 Fieldcrest Rd.
Draper Landing		Fieldcrest Rd NC 770
Eden Boat Landing		Bethlehem Church Rd.
Eden YMCA	y	301 Kennedy St.
Freedom Park		121 North Edgewood Dr.
Garden of Eden Senior Center	Sr.	508 Orchard Dr.
Island Ford Landing		Meadow Rd.
Leaksvile Landing		Hamilton St NC 87
Mill Avenue Park		1719 Mill Ave.
Mill Avenue Recreation Center	G	1720 Mill Ave.
Morehead Panthers High School	*	134 N. Pierce St.
Morgan Road Park		508 Orchard Dr.
Smith River Greenway		368 West Meadow Rd.
Skate Park		121 North Edgewood Dr.
TOWN OF MADISON • (336) 427-02	21 • www.towno	fmadison.org
Carlyle Lewis Tennis Courts	*	726 Cure Dr.
Dan Valley Community Center	G	310 Dan Valley Rd. at River Rd.
Huntsville Ball Park		1133 Sardis Church Rd.
Huntsville Nutrition Center	Ö	1151 Sardis Church Rd.
Idol Park		529 Summit St.
Idol Park		500 Westview Dr.
John Collins Basketball Courts	*	300-436 Short Ave.
Lindsey Bridge Boating Access	9	775 Lindsey Bridge Rd.
Nat Wall Park		100-198 Wall St.
School Loop Trail		Camel St.
Rt 704 Boating Access	9	150 Water St.
TOWN OF WENTWORTH • (336) 342-62	288 • www.towno	fwentworth.com
Aging, Disability, & Transit Services Center for Active Retirement	Sr	141 Tyre Dodson Rd.
Rockingham Community College	\$	712 County Home Rd.
Rockingham Community College Nature Trails		215 Wrenn Memorial Dr.

Name	Recreation Type	Address		
TOWN OF MAYODAN • (336) 427-0241 • www.townofmayodan.com				
Elliot Duncan Park		505 W. Main St.		
Farris Memorial Park		2878 Park Rd.		
Farris Memorial Park		2919 Park Rd.		
Jake Atkinson BallPark		509 Main St.		
Madison-Mayodan Recreation Center	G	300 S. 2nd Ave.		
Madison-Mayodan Senior Center	Sr.	300 S. 2nd Ave.		
Mayo River State Park		500 Old Mayo Park Rd.		
Mayodan YMCA	Y	600 S. 5th Ave.		
3rd Avenue Park		305 N. 3rd Ave.		
Washinton Mills Paddle Access	•	7700 NC Hwy. 135		
Western Rockingham YMCA	y	600 S. 5th Ave.		
CITY OF REIDSVILLE • (336) 349-	1030 • www.ci.reid	lsville.nc.us		
Annie Penn Walking Trail		618 S. Main St.		
Barnes Street Park		1102 Barnes St.		
Cambridge Park		1401 Windsor Court		
Chinqua - Penn Walking Trail		2138 Wentworth St.		
Courtland Avenue Park		1200 Courtland Ave.		
Glendale Park		328 Roanoke St.		
H. K. Griggs Park		400 Marcellus St.		
Jaycee Park		125 Jaycee Park		
Jaycee Park		2010 S. Scales St.		
Lake Hunt	30 <u>(1)</u>	551 Iron Works Rd.		
Lake Reidsville Recreational Park		630 Waterworks Rd		
Lowes Field		910 Sprinkle St.		
Oaks Field		640 N.W. Market St.		
Pearman Ball Field		181 Bethany Rd.		
Reidsville Center for Active Retirement Enterprises (RCARE)	Sr.	102 N. Washington Ave.		
Reidsville Recreation Center	Rec	201 N. Washington Ave.		
Reidsville Teen Center		506 Sprinkle St.		
Reidsville YMCA	y	504 S. Main St.		
Rockingham County Animal Shelter Trail		250 Cherokee Camp Rd.		
Sherwood Trail				
Woodland Park		2212 Woodland Dr.		
TOWN OF STONEVILLE • (336) 573-9	393 • www.town.s	toneville.nc.us		
Stoneville Memorial Park		Highway NC 770 West		



School Joint Use Policy - Playground equipment and walking tracks are open to the public after school hours and on weekends until dusk. Children under 14 must have adult supervision. There are no pets, alcohol, tobacco or drugs allowed on our playgrounds. Please help keep the playgrounds clean.

Useful Health Apps







2660 Oregon Hill Rd., **Ruffin**



Lincoln Elementary

MyFitnessPal

Rockingham County Fruit and Vegetable Outlets

CITY OF EDEN				
Crumpton Farm	11181 Highway 87			
High Ridge Farms	11538 Highway 87			
Johnny's Produce	117 S. Oakland Ave.			
Watkins Farm/UNC Rockingham Health Care	117 East Kings Highway			
TOWN OF MADISON				
Baker's Farm	Dalton and Ellisboro Roads			

TOWN	OF	M	AYO	DAN
	100			

Mitchell Orchard

Reynolds Family Farm

Tucker's Farm and Nursery

TOWN OF MAYODAN			
Country Side Produce and Grille	401 Ayersville Rd.		
West Rock Farmers' Market	Corner of 704 & Ayersville Rd.		

178 Beth Rd.

Baldhill Loop Rd.

3349 US Hwy 220

٦	CITY OF REII	DSVILLE	Г	
	Bee Sweet Orchard	2229 Panel Rd.	D	L Tuttle Berry and
	Brown Farm Garden Market	Burton Road & US Hwy 29 Bus.	Sı	mith Farm
	Cornerstone Garlic Farm	1249 Tate Rd.	Г	
	Couturier Nursery	3262 Hwy 14		/atkins Farm at R
	Honey Sweet Blueberry Farm	302 Unicorn Rd.	G	overnmental Cen
	Isley Produce	3393 Iron Works Rd.	L	OTHER RO
	Market Square Farmers' Market	303 S. Scales St. SNAP WIC, FMNP	Н	arvest Ridge Farr
	Mountain Apple Stand	8091 NC 87	Н	igh Rock Farm
	Rockingham County Farmers' Market	1844 Wentworth St.	K	night's Produce
	Walker's Farm	539 Sandy Cross Rd.		
	Watkins Farm at Annie Penn Hospital	618 South Main St.		

TOWN OF STONEVILLE			
DL Tuttle Berry and Vegetable	2701 NC Hwy 135		
Smith Farm	2660 Smith Rd.		
TOWN OF WENTWORTH			
Watkins Farm at Rockingham County Governmental Center	371 NC Highway 65		
OTHER ROCKINGHAM COUNTY LOCATIONS			
Harvest Ridge Farm	237 Service Rd., Ruffin		
High Rock Farm	960 High Rock Rd., Gibsonville		

Haw River State Park

14809 NC Hwy 158, Summerfield

State Parks in Rockingham County TOWN OF MAYODAN Mayo River State Park 500 Old Mayo Park Rd. (336) 427-2530 **BROWNS SUMMIT** Haw River State Park 339 Conference Center Dr. (336) 342-6163

339 Conference Center Dr.

Normal Health Numbers			
Heart Rate	For children age 10 and older, adults, and senior - 60 - 100 beats per minutes		
Blood Pressure	For adults age 20 and older - 120/80		
Total Cholesterol	For adults age 20 or older - Less than 180 mg/dL		
Blood Glucose (Blood Sugar)	Fasting - 70 - 100 mg/DL		

Community Health Resources

CITY OF EDEN					
James Austin Health Center	518 S. Van Buren Rd.	336-623-7711			
UNC Cancer Center, A Service of UNC Hospitals	516 S. Van Buren Rd.	336-623-7711			
UNC Rockingham Health Care	117 E. Kings Hwy	336-623-9711			
CITY OF REIDSVILLE					
Annie Penn Hospital	618 S. Main St.	336-951-4000			
Cone Health Clara F. Gunn Center	922 Third Ave.	336-355-9913			
Free Clinic of Rockingham County	315 S. Main St.	336-349-3220			
TOWN OF MAYODAN					
UNC Urgent Care - West Rockingham	6701 NC 135	336-635-6816			
TOWN OF WENTWORTH					
Rockingham County Division of Public Health	371 NC 65	336-342-8140			